Dr. John D. (Jack) Armstrong, MD, FRCPC

CMA President, 1995-96
University of Manitoba, 1966
Pediatrics

Dr. Armstrong, who practised pediatrics in Winnipeg for 35 years, was instrumental in establishing an Aboriginal Health Committee at the Manitoba Medical Association. When he was named CMA President in 1995, he said the job was relatively simple: “You have to be a part of a team. My job is to try to be as good a spokesperson as possible, along with the other team members, for the physicians of this country.” Before entering medicine he worked as a probation officer for the Winnipeg Juvenile and Family Court, counselling and working with young offenders from the inner city. This experience sparked his life-long interest and dedication regarding the impact of poverty on children and young people, and among First Nations children and families. During his career he was part of Manitoba’s Northern Medical Unit, and flew to northern reserves as a visiting pediatrician.