Dr. T. Alexander McPherson, MD, PhD, FRACP, FACP, FRCPC

CMA President, 1984-85
University of Alberta, 1962
Clinical immunology

Dr. McPherson, who holds the rank of Professor Emeritus at the University of Alberta, served as a professor there for 25 years and also was deputy minister of health in Alberta, where he was in charge of 2,500 employees. A Past President of the Alberta Medical Association, he is also the former medical director of the Cross Cancer Institute in Edmonton. He was an early advocate of work-life balance in medicine. “He is convinced,” CMAJ wrote, “that many physicians in practice more than 15 years have what he calls an intellectually despairing posture: they race around and work harder and harder. Perhaps, he suggests, they should reduce their 50-hour work week to 40, a move that he believes would have a negligible effect on their incomes but ‘a logarithmic effect’ on their morale.”