According to the *Dictionary of Canadian Biography*, Dr. Workman spent 10 years following his graduation from McGill operating a hardware business in Toronto. When he returned to medicine he lectured in midwifery and the diseases of women and children at Rolph’s Toronto School of Medicine. His career “took an abrupt turn” in 1853 when he was appointed superintendent at the Provincial Lunatic Asylum, which had been in turmoil. “Under his firm administrative hand, order and efficiency were soon restored in all departments,” the *Dictionary* reported, “and the Toronto asylum became recognized as a model institution.” Workman, it added, was “unquestionably Canada’s most prominent 19th century alienist.” He died in 1894.