

Ontario

The Ontario Medical Association (OMA) represents the political, clinical and economic interests of the province's medical profession. By choosing to practise in Ontario, you will have access to the unique program and service offerings of the OMA.

SUPPORTING MEMBERS' PERSONAL AND PROFESSIONAL LIVES

- **OMA Advantages Affinity Program:** OMA members now have more options and benefits from more companies than ever before. Enjoy preferred rates and services for members in the following categories: travel and leisure, wireless communications, office services (courier and IT support), moving and relocation services, fitness and health, auto purchase, lease and sharing – with more to come!
- **OMA Insurance:** Offers a complete portfolio of insurance solutions designed to meet the unique needs of medical students, residents, physicians and their families. Strictly not for profit, the non-commissioned team can focus exclusively on objective advice and service, using the group buying power of well over half of Ontario and Atlantic physicians to provide medical professionals with the right insurance coverage at every stage of their career.
- **Physician Health Program:** Provides a range of confidential direct services to support the health, well-being and resilience of physicians, residents and medical students.
- **Publications:** The Ontario Medical Review is the OMA's flagship publication, and a leading source of vital professional, economic, practice management, legislative, and health policy information affecting the medical profession in Ontario. Scrub-In is the OMA's award-winning medical student publication, showcasing student-driven content that reflects areas of specific interest and concern to medical students across the province.

ADVOCATING FOR DOCTORS AND PROMOTING BETTER PATIENT CARE

- **Health System Programs:** Encompass a broad range of services that are designed to support and equip Ontario's physicians to be part of, or respond to initiatives or changes in Ontario's health care system.
- **Health Promotions Initiatives:** Improve the health of Ontarians on behalf of Ontario's physicians, through a focus on advocacy for health protective policies and the development of educational material for patients on a variety of population health issues.
- **Empowering Health Care Advocates:** The OMA's network of Health Care Advocates is a grassroots lobbying initiative for Ontario's doctors. As physicians, you are trusted and respected leaders in health care who know what's best for your patients and your community. As Health Care Advocates, part of your role will be to develop a relationship with your MPP as it is critical to influencing government policy. Health Care Advocates are provided skills training in the areas of advocacy, government, media and social media relations.
- **Physician and Stakeholder Engagement:** Delivers enhanced engagement strategies to support the work of the OMA. It identifies areas for enhanced participation by members, including medical special interest groups, students, residents, women physicians and system stakeholders; and in response implements appropriate targeted engagement strategies. Regional Managers and Constituency Services are within this portfolio. The work of PSE is informed by emerging issues, health programs implementation, health promotion and policy/issues consultation as appropriate.
- **Provincial Initiatives:** Several benefit programs that can be accessed through the MOHLTC include: Medical Liability Protection, Pregnancy & Parental Leave Program, Continuing Medical Education, Northern Physician Retention Initiative, and Resident Loan Interest Relief Program.



CONTACT INFORMATION

Ontario Medical Association
150 Bloor Street West, Suite 900
Toronto, Ontario, M5S 3C1
(800) 268-7215, info@oma.org, oma.org

Ontario Medical Students Association (OMSA)
150 Bloor St. W, Toronto, ON , omsa.ca

Professional Association of Residents of Ontario (PARO)
1901-400 University Avenue, Toronto, ON
M5G 1S5, (877) 979-1183
paro@paroteam.ca, myparo.ca

MD FINANCIAL MANAGEMENT

Greater Toronto Region 1
(greaterontoregion1@cma.ca)
Toronto (800) 387-2646

Greater Toronto Region 2
(greaterontoregion2@cma.ca)
Barrie (888) 246-4996
North York (888) 770-9223
Peterborough (866) 429-4196
Richmond Hill (888) 233-8858
Scarborough (800) 846-0966
Whitby (877) 543-1201

Greater Toronto Region 3
(greaterontoregion3@cma.ca)
Hamilton (800) 883-6015
St. Catharines (800) 428-7184
Mississauga (800) 321-0330

Ontario Region 1(ontarioregion1@cma.ca)
Kingston (800) 363-5527
Ottawa (800) 387-4018
Sudbury (800) 547-8295

Ontario Region 2 (ontarioregion2@cma.ca)
Kitchener (800) 859-6715
London (800) 461-9587
Windsor (800) 213-8472

Prairie Region (priarieregion@cma.ca)
Thunder Bay (888) 873-3320