

DR. DHARM SINGH

Dear Colleagues,



My name is Dharm Singh. I am a Urologist working at Campbellton Regional Hospital and the immediate past president of New Brunswick Medical Society (NBMS). My clinical practice of almost one and half decades made me understand the ever-increasing day-to-day challenges clinicians are facing. There is a need for strong, experienced and decisive leadership that can work to improve the working environment for Family physicians, Specialists, Residents and Medical students.

I have been involved in leadership roles in various capacities for many years in NBMS, most recently as your President. I worked closely to develop and implement new Physician's health program, a new collaborative model for Family practice and many other initiatives which were either started or completed. I have been privileged to have your full support as your president provincially and I am thankful for that. I once again look towards you for your support and guidance.

Dear friends and colleagues, I am hereby announcing my candidacy for CMA President-elect nominee. My extensive experience in advocacy at the provincial level makes me the most appropriate candidate. Let's work together to improve the day-to-day working conditions of physicians so that we remain healthy and effective and continue to provide excellent and efficient care to our patients. It will be my goal to make sure that we continue to remain the leaders in providing care for our communities. My priorities will be:

1. To improve the day-to-day working environment for Physicians, Residents and Medical students. I

will work towards reducing systemic factors responsible for physician burnout, more autonomy to physicians, reducing paperwork, a national physicians health program & development of workplace standards, pay equity for female physicians, national licensure, increasing residency positions and increasing resiliency.

2. Collaboration with various stakeholders to develop and implement a National Seniors Strategy.

Advocacy for Seniors care has always been close to my heart. Our seniors deserve dignified and quality care in a timely manner. In spite of good work done by CMA, no significant progress has been made. Time has come for a National Seniors Strategy. More pressure on federal government in collaboration with other stakeholders and public support will help to achieve this goal.

3. CMA to lead a National campaign for healthy lifestyle. A national campaign to raise awareness about the consequences of an unhealthy lifestyle, obesity, diabetes, unhealthy diet and physical inactivity is urgently needed. During my presidency, CMA will play a leadership role in this multi-year project involving other stakeholders.

I sincerely look forward for your support. **Voting begins on February 6, 2019. All NBMS/CMA members (Medical students, Residents and Physicians) are eligible to vote.** You can write to me drdrsingh@gmail.com, follow me on Twitter [@dharmurology](https://twitter.com/dharmurology) and check out my website www.dharmurology.com

DR. DHARM SINGH

CURRENT APPOINTMENTS

Chief, Division of Urology, Department of Surgery, Campbellton Regional Hospital and St. Joseph health center, Campbellton, NB

EDUCATION

Andrology fellowship, Mount Sinai Hospital, University of Toronto, 2005

Renal transplantation fellowship, Queen Elizabeth II Health Sciences Center, Dalhousie University, 2003

Urology residency, National Board of Examinations, 1999

MD, Banaras Hindu University, 1992

BSc, Gorakhpur University, 1986

PUBLICATIONS AND PRESENTATIONS

42 publications and 27 invited presentations

SELECTED ACTIVITIES & POSITIONS HELD

President, New Brunswick Medical Society

President, Restigouche Medical Society

Board member, New Brunswick Medical Society

Executive member, New Brunswick Medical Society

Member, Negotiations and Nominations committee, New Brunswick Medical Society

Member, Governance committee, New Brunswick Medical Society

Member, Political action committee, Canadian Medical Association

OTHER TRAINING & EXPERIENCE

Self awareness and effective leadership, Physicians Management Institute (PMI), October, 2014

Disruptive behavior: A rational approach for Physicians leaders, Physicians Leadership Institute (PLI), May, 2016

SELECTED AWARDS

Traveling scholarship, American Society of Reproductive Medicine, 2005

Young Investigator Award, Canadian Society of Transplantation, 2004

Trainee Awards, Canadian Society of Transplantation, 2003 and 2004

Best Intern Award, Institute of Medical Sciences, 1992

PROFESSIONAL INTERESTS

Professional interests include Seniors care, Preventive medicine in context to Non-communicable Diseases (NCDs), Physician's health and pay equity for female physicians. Personal interest includes traveling around the world with my wife and 2 daughters (14 & 11 years).